FALL 1959 50 cents

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AND MORE



Editorial

Raw Courage In Action

There are those who shake their head and sigh "It sure is too bad, that poor person won't ever be able to do anything worthwhile". Would it surprise you if I told you that I have personally heard some so-called rehabilitation experts say this, Sad but true. So now what?

I say let's forgive those who give up so easily. They have not had the opportunity as I have to actually witness raw courage in action. I have met very few handicapped people who have given up or who won't try. I have, however, met many who are disgusted and sometimes discouraged because so many experts from all sides are

telling them how to be happy, how to do this and how to do that.

In this issue are two stories of real people who *are* successful in their own businesses operated by them from their homes.

In future issues I want to feature "Home Operated Businesses" so write and let me know about your own business or tell me about people you know, case histories that can be included in this series.

Also important, this information will help me with a special project that I have been dreaming of and working on for quite some time. More about this in later issues.

ACCENT ON LIVING CHARTER

ACCENT On Living is a national magazine dedicated to serving all handicapped people, their families and their friends, regardless of race, religion or creed. ACCENT is an authoritative clearing house for problems confronting handicapped people. ACCENT is edited and published with the firm belief that each person gains invaluable experience and knowledge as the result of a physical handicap. ACCENT believes in the complete dignity and respect of all persons. Furthermore, all profit from ACCENT Magazine will be used for furthering rehabilitation facilities and bringing facts, ideas and the benefits of rehabilitation to the readers of this magazine.

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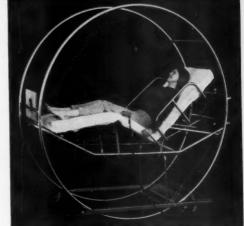
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Vol. 4 No. 2

For many polio and arthritic patients

"A New Lease
on Life
with the...







- Can be self-operated in standing, sitting, or prone positions.
- Improves circulation.
- Increases patient self sufficiency.
- No lifting to bedpan or wheelchair.
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Electrically Operated — Economical — Comfortable



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WE

Answered Prayer

A asked God for strength, that I might achieve;

. I was made weak, that I might learn humbly to obey . . .

A asked for health, that I might do greater things;

I was given infirmity, that I might do better things . .

I asked for riches, that I might be happy;

I was given poverty that I might be wise . .

rasked for power, that I might have the praise of men;

I was given weakness, that I might feel the need for God . .

Yasked for all things, that I might enjoy life;

I was given life, that I might enjoy all things . .

Vgot nothing that I asked for—but everything I had hoped for.

Almost despite myself, my unspoken prayers were answered.

Yam, among all men, most richly blessed.

Living Lines ...

"I read your magazine from cover to cover; and in my opinion its content, appearance, and style are of high quality. I think your attempt to cover a wide range of interests (ideas, news, etc.) is successful and is in accord with my thinking. The note of humor injected by the cartoons is wholesome and reflects considerable maturity. I believe. Too many of the news letters put out by local handicapped groups tend to be folksy and even sentimental. Your publication is an antidote to that kind of literature."

Lewis P. Hartman Rehabilitation Counselor Washington 7, D.C.

"Last week I read the LOOK magazine story on you entitled "Courage To Spare". It impressed me very much, not only because it was an inspiration to read of a struggle and victory such as your own, but even more so because of the impetus your struggle and victory can give to others similarly weighed down by some paralyzing affliction."

Daniel J. Menihane, O.S.A. St. Nicholas of Tolentine Rectory Jamaica 2, N.Y.

"I have circulated your Magazine until it is quite worn. About 12 people have expressed a definite interest. For **their good**—and yours—I hope they subscribe. Your magazine is excellent."

Mrs. Edw. G. Rountree Norris City, Illinois

"I enjoyed the article in your Spring issue about the work Dr. Freeman is doing in "Nerve Jumps and Nerve Switches. If only more people knew and understood the great work he is doing, and the dedicated man he is. I am sure more contributions would be made for his research and progress could be made more rapidly. It is up to us to let the world know what he is doing!"

Judy Garrett St. Paul. Indiana "Your magazine is tops! I was interested in seeing a meditation by Rev. Art Gordon. I hope ACCENT will be a help and a challenge to many and that the Lord will bless every issue."

> Lillian Spear Vernon, New York

Stone-Deaf People Hear

L. E. Rosemond, president, Otarion Listener, predicts that by 1987 the use of electronics in the fields of medicine and surgery will have increased ten fold... It is entirely within the realm of possibility that, even before 1987, the combined skills of surgery and electronic engineering may enable even stone-deaf people to hear by means of tiny induction coils implanted in the bone structure and attached to nerve endings that go directly to the brain.



"He wants me to read him to sleep."

Baby Sitters Registry

Another successful home-operated business

Jean Denecke operates the Rock-A-Bye Sitters Registry which is licensed and bonded by the state of Michigan. Jean also had polio 111/2 years ago, is what could be called a severely handicapped person, and can only sit up from 41/2 to 5 hours a day in her wheelchair. The rest of her time is spent in bed, but business goes on as usual.

The number of qualified baby sitters in her active file totals nearly 60. Each one has been interviewed personally by Jean and she has carefully checked the references of each. All of the sitters

are adults.

Are you interested in starting a baby sitter Registry? Jean's first advice is, "First of all you must inquire about a state license. Mine

Jean Denecke, keeps nearly 60 baby sitters busy. With her, shown left, is her housekeeper Della Pelmore. This story is more proof that nothing is really impossible.



is \$50, plus a \$10 surety bond per year. No city license is required here." She goes on to say, "I will explain my method of operation. I register customers for the year at \$12.50 for the year's service (a year from the day they register, not the calendar year). A registered customer pays a baby sitter 60c per hour with a four hour minimum, plus 50c for transportation. If the customer is not registered. the charge is 85c per hour with the four hour minimum and 50c for transportation, 25c per hour comes to the Registry, which is collected by the sitter and she, in turn, reimburses me. We also do maternity and vacation calls for our customers. The rate is \$8 per day for two childern or less, \$9 per day for more than two children. It is \$1 per day more in each case for an unregistered customer. 10% of this money goes to the Registry."

She has limited her business numerically and geographically so she can handle it herself with the assistance of her housekeeper and a rented telephone answering recorder from the telephone company. She uses a simple card index file marking a registered customer with a star. Each call is written on the customer's card with the name of the sitter who filled the call. Statements are mailed once a month.

Jean said, "I find the telephone answering recorder to be of invaluable assistance and much less expensive and confusing than having someone in to help do this." The recorder is on all the time and when the calling customer tells the date and time a baby sitter is wanted, this is recorded. Later then, her housekeeper takes the calls off the recorder and relays them to Jean to write down in her date book.

This business started small with just two sitters, one of whom was a friend. She advertised for sitters, always interviewing them personally, and checking all references herself. When the local newspapers heard of her new business, they wrote feature stories with photographs, and Jean attributes much of her success to this publicity.

Jean enthusiastically says, "I've made many real friends, and have been of genuine help by offering a much needed service and of course it has given me occupational therapy beyond the 'something to do' stage."

Two Useful Guides Available Now

"Where Turning Wheels Stop" is a 60 page booklet containing a listing of motels, hotels, restaurants and places of amusement which are convenient for wheelchair accomodations. Compiled and edited by John M. Price.

"Wheelchair Houses" is a 16 page booklet. Includes floor plans and front elevation drawings of eight wheelchair homes, designed for comfortable living. All but one of the homes illustrated are owned by either paraplegics or quadriplegics. In addition, there are plans and specifications for three types of home elevators. They can be constructed easily and range in cost from \$400 to \$500.

Both booklets are available from the Paralyzed Veterans of America, 432 Fourth Ave., New York 16, New York. Please enclose 10c for each booklet requested to help cover the cost of mailing and handling.

Might Advertising Have Helped?

Noting that polio incidence is on the rise again, and that health authorities trace this to the fact that only about 40% of the under-40 population of the country has been inoculated with Salk Vaccine, a correspondent wonders whether an intensive advertising campaign addressed to the public might not have prevented such a situation.

The polio vaccine is made mainly by ethical drug producers, who are unaccustomed to advertising directly to consumers, and who are practically committed to avoiding such advertising. Yet here is case, where it might literally have been enormously beneficial to the nation's health to have broken this taboo, and to have carried a strong campaign for Salk vaccine inoculation directly to the general public.

TILT-TABLE!

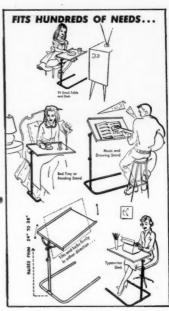
EASY TO STORE! EASY TO USE! ANYWHERE!



Only \$9.98

No C.O.D.'s Pay shipping charges upon delivery.

(Illinois residents add \$.35 (3½% sales tax).



ACCENT PRODUCTS

802 Reinthaler

Bloomington, Illinois

Socks For Sale



Selling hosiery from her wheelchair, Pat Vardell has earned as high as \$250 a month.

Ty friends suggested selling Mmagazines and Christmas cards, but those fields were crowded, so I prayed that something else would turn up. The next day I received a hosiery letter in the mail. It sounded so good I thought it was a racket of some sort and just about threw it away-but decided I would gamble the \$10 on a sample kit which they promised would be repaid after I started selling. And it was! I will admit I had some doubts about the quality of the hosiery and the dependability of the company, but these were quickly dispelled. They put out a fine and beautiful line of hosiery and socks, including a guarantee on the wearing ability."

Mrs. Pat Vardell had polio in September, 1955, including 19 days in the iron lung.

She sells from her wheelchair in her home. Occasionally she invites friends over to acquaint them with her line of hosiery, but most of her business is done by phone. In her sales talk she tells them what she has and describes the colors and what they should be worn with. She explains the unusual guarantee and asks if they would like to try three pair and then asks them to send her a check. The order is then sent into the company and the order is delivered to the customer's home within a few days.

She has sold through various civic clubs, P.T.A.'s, notices on bulletin boards, notes delivered by paper boys, and of course, last but not least, word of mouth advertising.

She advises, "Of course, a person should have some education. The company does most of the figuring for you, but you have to know arithmetic and keep your wits about you when writing sales slips."

"At first I didn't think I liked the idea of selling, being rather timid, but it has been good for me and kept me in touch with friends I would never see in this busy city." Your success depends entirely on how much time you put into it, how many friends and contacts you have, and how much courage you have to go on calling people to find those who are interested."

Christian League for the Handicapped

This is the first in a series of articles about national organizations for handicapped persons.

The first purpose of the Christian League for the Handicap-

ped is spiritual.

Their bulletin reaches over 7,000 persons, including South America and Formosa. Best known states are New York, Ohio, Illinois, Michigan, Wisconsin, Iowa, Minnesota, California, Texas, West Virginia and Kentucky.

The purpose of the Christian League is best explained by quoting from Article 2, Section 1 of their

constitution.

"To promote the spiritual, social and physical welfare of the physially handicapped.

- a. Spiritually; to lead a person to a saving knowledge of the Lord Jesus Christ, and to assist him in his spiritual growth by Bible Study, prayer, and a practical Christian life.
- b. Socially; to bring a better relationship and understanding of the physically handicapped with each other, also with non-handicapped as well, to provide opportunities for entertainment, recreation and fellowship, to encourage legislation that is favorable to the welfare of the physically handicapped.
- c. Physically; to aid in any possible

way by the purchase of, or securing help from existing organizations for this purpose, needed orthopedic devices, to help in job placement, to assist in every way in their rehabilitation and restoration to useful pursuits in industry and society,"

No dues or initiation fees are assessed any member of chapters, however, a free-will offering is taken at each regular monthly meeting for the general treasury for the payment of all bills, and for the general operation of each chapter. Officers of each chapter consist of a president, vice president, secretary, treasurer and social director.

Regular membership in each chapter is limited to physically handicapped persons only. An associate membership is granted those who are actively interested, but not physically handicapped.

The Christian League for the Handicapped is in the process of organizing new local chapters. You can get full information by writing to Rev. Robert Lovering, President, National Committee for New Chapters, Christian League for the Handicapped, 6523 Glenwood Ave., Minneapolis 27, Minnesota.

This organization is doing an

excellent job in providing opportunity for handicapped people. Their activities are best summed up by the words from Galatians 6:10, "As we have therefore opportunity, let us do good unto all men, especially those who are of the household of faith."

The Bible Says

By Rev. Arthur Gordon



For other foundation can no man lay than that is laid, which is Jesus Christ." I Corinthians 3:11

Who would think of building without first giving serious thought to the foundation? And of equal importance is the foundation bed upon which the foundation of the building is placed. This "bed" may consist of any one of several substances, but solid rock has proven to be the best, as it allows a negligible amount of settlement.

Jesus, seated among His followers, tells the story of two builders. According to Luke, the story went thus: ". . . a man . . . built a house, and digged deep, and laid the foundation on a rock: and when the flood arose, the stream beat vehemently upon that house, and could not shake it: for it was founded upon a rock. (Another)

man . . , without a foundation built a house upon the earth; against which the stream did beat vehemently, and immediately it fell; and the ruin of that house was great."

Whether building a material house OR spiritual, we must consider—and consider well—the foundation, that it is of the right substance. Jesus calls the man foolish who builds his house upon the sand, and the other wise who builds upon the rock. To build on sand invites disaster. But to build on a solid rock foundation bed guarantees a lasting structure. Upon what, then, should we build our lives? What will withstand the storms which shall eventually break in upon us?

Jesus referred to Himself when He said: "upon this rock I will build my church." Paul made reference to Israel when he said: "for they drank of that spiritual Rock that followed them: and that Rock was Christ." And again Paul says: "For other foundation can no man lay than that is laid, which is Jesus Christ."

Each of us is building for the future. May we build on Christ, of whom it was long ago prophesied: "Behold, I lay in Sion a chief corner stone, elect, precious: and he that believeth on him shall not be confounded."

Too many of us conduct our lives on the cafeteria plan—Self service only.

IDEA EXCHANGE

CASE #14

"I use aluminum "Canadian" crutches since I had polio in 1944. Can anyone tell me what to do to the aluminum to keep all my clothes from turning black? I have tried a colorless plastic spray and also have used "contact" adhesive covering, both unsuccessfully. I feel certain others must have my problem, and I would love to know how to solve it. Thank you."

Do You Have The Answer?

Help this girl with her problem! Just write to Idea Exchange, ACCENT On Living, 802 Reinthaler, Bloomington, Illinois, before October 15, 1959. Typical answers received will be printed in the Winter 1959 issue.

What Readers Said To Case No. 13

"I was especially interested in 'Case No. 13' since I have been in this same situation. I am a post-polio of eight years and badly involved, which includes breathing equipment almost twenty-four hours a day and a voice that is only a whisper. Out of these eight years all but four months have been spent in a hospital of some sort. My family was unable to care for me at home so the hospital has become my home. I definitely would not recommend a rest home. I have set myself a daily routine which makes it easy on me and those taking care of me. If I can't get one thing accomplished I substitute. I keep myself busy, taking sunbaths, reading (mouthstick), typing (mouthstick), watching television, listening to records, the radio and entertaining my many friends. Also I write little articles for The Hospital Church. Recently I finished writing a small book. I would suggest that you stop worrying about your surroundings

and begin making a life for yourself. Get interested in some hobby. I am sure you have a talent that might be worked on. With one fairly good arm there are many things you can do. Where there is a way."

Millie Button Fresno, California

"Your problem is something like mine was before I left the hospital. I'm a mother of three children, also a widow. In '51 I was in an awful car accident which also left me paralyzed from the neck down. I have good use of my arms and hands. I come from a family of 13 but all are married, have kids, and were not in a position to take me-so I lived in the hospital until I found a house and hired a girl to do my nursing, housekeeping and also caring for my girls. I receive a small income from the government, but if you were left without an income I think the State Welfare could help you in finding a place and someone to help you. We have several in our area who are at home and being cared for by the Welfare. The state pays them a small income and pays their help. Often in our papers there are ads such as will take care of invalids at home, which is real nice. Our nursing homes are for older women so I wouldn't know about the nursing home in your state.

Mrs. P. Begley Alexandria, La.

"This patient is a perfect candidate for the Stryker CircOlectric Hospital Bed. From his description, he has the amount of motion necessary to transfer himself to the wheelchair after the sling has been hooked up. He can move himself in and out of bed which will give him a tremendous feeling of independence. He can also make a chair out of his bed section with the limited range of motion in his right arm by himself, from the description of other things that he can do, such as turn pages of magazines, etc. We've had a lot of success in bringing Lions Clubs, Kiwanis, Rotary and other organizations together with patients such as this one. Many times these organizations only need to know of the need for a special piece of apparatus in order to get behind a drive to collect funds for it. They may even become personally interested in his situation to the extent that an ideal place for this person may be found. He mentions the need for expert nursing care. Any nurse who may care for him on the Circ-Olectric will never need to lift him and will find the patient doing for himself, many of the things the nurse would normally be required to do, I hope this information will be of some assistance and we would be more than happy to bring the matter to the attention of one of the service organizations in his community.'

> Donald W. Carson Sales Manager Orthopedic Frame Company

Free Motel Accomodations

On October 14, 1955, Mrs. May K. Houck Foundation, a charitable trust to operate in perpetuity and to be used exclusively for religious, charitable, scientific, literary or educational purposes within the U. S. or any of its possessions. In February of 1956, the donor turned over to the trustees means for purchasing the following motels—Adirondack, Bahia, Eagle and Paul—located on Washington Boulevard and three residences, all in Sarasota, Florida.

Motel accommodation without any charge have been furnished blind and other physically handicapped people, including individuals recuperating from surgery or illness. A certain number of the motels are being rented to the traveling public to provide a net income sufficient to defray the expenses of free motel accommodations for blind or other handicapped people. Many people, including the trustees, are contributing their services. At the present time this service is applied only to those who live in the United States and its possessions.

Some of the facilities are efficiency apartments, the remainder being the over-night type. There is one residence which is equipped with a Hoyer lift. The doors of this residence are 34" wide so that occupants in a wheelchair can easily pass through any doorway. The Hoyer lift assists wheelchair victims to and from the bed, bathroom, etc.

The Foundation does not provide meals or transportation and vacations are usually limited to two weeks and because of the increasing demand for these services it is extremely important that reservation be made as far in advance as possible.

The Foundation does not supply nursing care or personal assistance, so, therefore, it is necessary for those needing assistance to be accompanied by a member of their family.

For information and reservations write to May K. Houck Foundation, Frank W. Moffett, Trustee, 1896 Bahia Vista Street, Sarasota, Florida.

Dear Bonnie:



DEAR BONNIE:

How can you be popular with boys if you are in a wheelchair?
SLIGHTLY CONFUSED

DEAR SC:

The same way you can be popular with other people. Be neat and clean and interested in other folks' problems and activities, whether they are boys or girls. Be a good listener and a source of good cheer. Be willing to take part in everything you can despite your limitations. Avoid a "poor little me" attitude.

DEAR BONNIE:

Six months after my wife and I were married, I was in an auto accident and have been confined to a wheel chair for three years. We do not have any children. My wife's mother said she doesn't want her "tied to a wheel chair all her life" and she thinks my wife should get a divorce and remarry. Do you think this is any of her business?

JACK B.

DEAR JACK: No.

DEAR BONNIE:

I have a problem that maybe is rather unusual. Everyone waits on me too much.

I like to do everything that I can for myself and when I want help I'll ask for it. How can I keep people from jumping up and doing everything I am trying to do because I don't do it fast enough to suit them?

MRS. C. R.

DEAR MRS. C. R.:

Yours is *not* an unusual problem, and it only goes to show how much people like to help us. Teach them the folly of being too helpful by saying sweetly, "Please, I really enjoy doing this by myself, it helps my self esteem!"

DEAR BONNIE

I have no special equipment of any kind, just a bedside radio which I can use by myself. My voice is very weak and my family spends much time outside where they cannot hear me call. How can I get their attention in an emergency?

DEAR BONNIE:

Turn the radio up full volume and have it understood that this is your distress signal.

DEAR BONNIE:

I am 19 and walk with a long leg brace and Kenny sticks since having polio four years ago. I have never had a date with a girl and I believe I am the shy type. I drive my own car and make pretty good money as a salesman. There is a girl who works for one of my customers and I'd like to get to know her better. She always speaks to me when I come there, but that's all. What would she think if I asked her to go to a show with me?

JUST WONDERING

DEAR JUST: I don't know. Ask her.

> YOU CAN WRITE TO BONNIE IN CARE OF ACCENT ON LIVING

Rehabilitation Act of 1959

There are bills in both branches of Congress that would mean a great deal to severely handicapped individuals and, in fact, all physically handicapped persons. They are referred to as Senate Bill 772 and House Bills 1119 and 3465.

The purposes of these bills are: (1) to make eligible for rehabilitation services under the State-Federal Rehabilitation program severely handicapped individuals whom vocational rehabilitation services may not be feasible but who, as a result of rehabilitation services, can achieve such ability of independent living as to dispense with the need for expensive institutional care or the need of an attendant at home; (2) to enable the federal government to assist in the establishment of non-profit workshops and rehabilitation facilities: (3) to authorize the re-allotment of unused extension and improvement funds to states in a position to use such funds; and (4) to provide federal assistance to the states to enable them to operate comprehensive evaluation programs for individuals who may profit from rehabilitation services; (5) to increase the appropriation authority for the President's Committee on the Employment of the Handicapped; and (6) to remove the requirement that sponsors of research and demonstration projects under Section 4 of the Vocational Rehabilitation Act be required to pay part of the cost of such projects.

WARNING

The Federal Trade Commission has, in the past, found it necessary to issue an order to certain publishers telling them to stop misrepresenting that they operate a cooperative publishing plan in which they share expenses with the author.

Many times these publishing firms promotional material contains fraudulent claims of royalties, the nature, size and operation of the business, and the effectiveness of the publicity and promotional aid rendered to author-customers.

For example, complaints have said, publishers are not partners with the author, and neither share expenses nor publish on a partial subsidy basis as claimed. Rather, the sum charged an author almost always covers all expenses plus a profit to the companies. Nor do they pay royalties (sometimes 40%) or any kind of royalty: the contract provides a percentage payment to the author for all books sold and paid for, but rarely does the author recover more than a small portion of his investment.

Further complaints have stated that lired readers, not "a board of editors", read the manuscripts; their glowing and lauditory reports are simply to convince authors the work should be published; the concerns knowingly accept manuscripts which do not have merit or sales appeal.

If you are interested in writing material for publication or in pub-

(Continued on next page)

lishing a book, be sure you write to reputable and well known publishers, either in the magazine field, or in the book field. If you are in doubt, call your local Better Business Bureau or Chamber of Commerce and ask them to help you. "When one door of happiness closes, another opens; but often we look so long at the closed door that we do not see the one which has been opened for us."

Helen Keller



Is Your Life Miserable?

by Richard Sprague



THE WEEKEND PASS

Early one Saturday morning, as I munched on the usual breakfast of dry toast, saltless egg, and tasteless gruel, my therapist bounced into the room and exhuberantly proclaimed he had a surprise for me. "Aha" I exclaimed, "vou've found another one of my muscles"? "No" he beamed. "it's even better than that." "We're getting rid of-I mean you're going home." "For good", I questioned suspiciously? "Not quite" he answered a bit disappointedly, "just for thirty six hours while we fumigate your room".

At last I was realizing the fruit-

ion of my dreams! It was only sixty three days since I had initiated the paper work for a transfer home, and already my request had been granted. Hospitals have as much "red tape' as any bureaucracy, only the color has been changed to white to protect the patient.

As transportation, they arranged for me to ride in the only vehicle that was presently available: a hearse, I declined however, when I learned it was already occupied by a recently expired gentleman, who I felt would be anything but a good conversationalist. Anyway, I later caught a ride in a good humor ice cream truck that was going my way, and munched popsicles all the way home.

When I arrived home, my wife and some friends were already prepared to transport my wheelchair up the porch stairs with a minimum amount of effort. They had laid two long planks from the steps to the sidewalk, and their plan was to push me up this inclined plane like a horseless trolley car.

Things would have gone smoothly if it hadn't been for one fellow who tripped over the steps hidden

(Continued on page 19)

NOW FOR THE FIRST TIME you can get life insurance!

Valuable protection for you and your loved ones by specialists in insuring all physically handicapped people. You don't need to have a medical examination. No doctor's reports. Easy to get—no personal calls—handled entirely by mail. Sold in easy-to-pay-for units of \$500. Don't wait another day, remember, as you grow older your cost increases. Write today for simple application form.



.......................



FOR POLIO, PARAPLEGICS AND OTHERS PHYSICALLY HANDICAPPED

Bathing Comfort





Soaking in a tub of hot or warm water is not only invigorating, but has certain therapeutic benefits. The EE-Z-BATH LOUNGE gives the physically handicapped that pleasure and relaxation. And, with the EE-Z-BATH LOUNGE the tub can be easily drained and the person dried right in the tub—with comfort! No splashing or dripping of water on the floor or the attendant. Light in weight, easily folded for carrying

WRITE FOR FREE DESCRIPTIVE FOLDER
E. J. HUBER & CO.
824 Shibley Ave • Park Ridge, III.

Forceps

Mrs. Elwyn Pym, in Juneau, Alaska, writes, "A hint for your readers. Medical forceps are wonderful for taking lids off hot pans and picking up articles from the floor like cards, knitting needles, papers, etc."



"Hey Sam, I've got a bite."

New Products And Services

Write to ACCENT On Living for more information on any of these new products and services. Be sure to enclose a stamped, self-addressed envelope.

A new nylon closure called Velcro is available at notion shops and department store sewing counters. This new closure replaces buttons on clothing quite easily. Just a touch and your coat is closed—an easy pull, and its opened. Good for housecoats, shirts, blouses, diapers, skirts, children's clothing, pajamas, its easy to use—just sew it on.

F D (fire department) invalid markers can be purchased which aid in the quick rescue of the disabled, aged and blind. Families can have their home marked by contacting their local fire department. These are usually purchased by local civic organizations and made available as a public service free of charge. Large emblems in a combination of red, white and black are placed on the entrance door, the side or rear door, and smaller emblems are placed on the windows and inside door of the person's room. These markers prove invaluable when fire equipment rolls up to the house making faster rescues possible. Clubs or organizations interested or persons interested in promoting this service in their city should write for information

under the boards, and pitched headlong into the path of my oncoming chair. Luckily I only rolled over his index finger, but the screams so unnerved the others they released their grasp of me, and I plummeted backward down the plank with increased velocity until a very large tree absorbed the momentum.

On the next time around we reached the top of the steps, only to have the wheel chair get stuck in the doorway. After considerable pushing and cursing, I was through, leaving the remnants of a door knob, handle, and fingernails in its wake.

Peace at last I thought, and maliciously squeezed my spouse's hand, but "togetherness" was an experience we never did share. Our friends and relatives came in two's and tens to express their condolences, and tell me how well I looked (even though I had lost forty pounds).

Generally there were two classes of callers: (1) Those well intentioned people who "just stopped by for a minute", but continued to stay on for an hour, and (2) The curiosity seekers among our neighbors, who dragged their wives and husbands along to see a real live Polio. The latter group left disappointed when they discovered I could still wiggle my big toes.

And so with twenty six hours remaining, I sought the solace of my bedchamber, to conserve any ener-

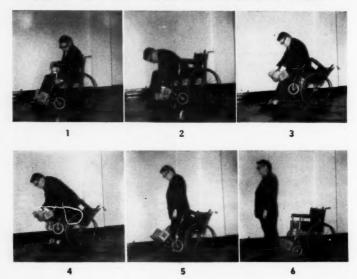
(Continued on page 21)



Stutterers

"Significant improvement in the condition of a group of stutterers treated with meprobamate, a tranquilizing agent has been reported. The drug has been termed "... a useful adjunct to stuttering therapy." The pharmaceutical, manufactured by Wyeth Laboratories as Equanil, has been credited with providing a marked reduction in the tension often associated with stuttering, thus facilitating the efforts of speech therapists to treat the condition.

How To Get Out of a Wheelchair



How do you get out of your wheelchair when your arms are almost totally paralyzed? One evening while watching TV, I discovered this method for getting to a standing position. Before this, my good wife always had to stand in front of me, put our knees together and stand me up. Except for weak quadriceps my legs are fairly good and if I am careful I can walk quite a good distance. (1) Be sure both brakes are on tight. (2) Sit toward the front of your wheelchair, reach down and grip the bottom of your footrest bars. Be sure you have a good hold. (3) Straighten up, pulling the footrests upward, tilting the wheelchair backward. Notice how your legs are nearly straight now. Caution-keep your balance, be careful not to tip the wheelchair too far backward so you will fall over. If you are able to do this, better have someone stand by to help you until you get the feel of it. (4) Remember this whole procedure is done slowly. Now, by leaning your body forward, your weight goes onto your legs. To do this, you should be able to support your weight even though your legs are bent slightly. (5) Now that your weight is on your legs, straighten up, letting the wheelchair come back down. (6) Now you are on your own. So true is the old saying, "Necessity is the mother of invention". I have demonstrated this idea at several meetings and there have been several persons using wheelchairs who can now get up out of their wheelchair by themselves using this method. We are constantly on the lookout for "ideas" such as this to publish for the benefit of our readers. Got a good one? Send it to us right away!

"WEEKEND PASS"-Continued from p. 19

gy I still retained. But all was not well in the Sleep Department! To wit: the bed was much too soft, and my back twinged with annoving regularity each time I tried to move: when my wife tried to roll me over, she only succeeded in rolling me into the baby's crib-which made us both unhappy. Under the circumstances, the floor seemed the most desirable place to continue my rest, and I slept like our baby, waking only for his feedings at two, four, five, and seven.

Next morning I discovered that a hospital prankster had left his calling card, when I unpacked my toiletry bag. The bed pan, and other articles that were supposed to be there, had been replaced with

Continued on page 22



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International Understanding



Nixon visits with Grace and Ray Cheever, publishers of ACCENT On Living.

"In America we believe in the individual", stated V.P. Nixon at the annual meeting of the President's Committee on the Employment of the Physically Handicapped, held May 7-8 in Washington, D.C. He cited other countries, including Russia, where physically handicapped persons receive very little or no attention and in some cases are left "to die in the streets".

At this meeting the Executive Committee adopted what has been a very controversial subject, endorsing an immediate and detailed study of the problem of incorporating promotional responsibilities for aiding the employment of

persons with histories of emotional or behavior problems.

"WEEKEND PASS"-Continued from p. 21

a potted cactus plant, and two sweet peas. Due to the urgency of the matter, and since the bathroom was a doorway, and two halls distant, I made the flowers bloom as they never had before.

The food was undoubtedly the best part of my visit, but even that had its drawbacks. It came as no surprise to discover the difference between home cooked, and hospital food: the first is delicious, and the second is nourishing. Consequently, I gorged myself with all sorts of high caloric goodies, until certain chemical reactions within my stomach produced a miniature A-Bomb explosion. For the remainder of my stay I consumed nothing but Bouillion and soda crackers.

Finally in the last hour of my seige, when the battle was all but lost, I began to look forward eagerly to my sumptuous cell. It had a nice hard bed, the best puereed vegetables, and a limitless supply of idle moments.

I pleaded with my wife to never let them send me home again, at the risk of further incapacitating her already debilitated husband. After all I was only in the way, and our furniture was acquiring a much too rustic look from all the gashes I put in it wheeling around corners. And with that I bid her adieu and promised never to venture in the "Non-Polio" World again, without the aid of nurse and a seeing eye therapist.

Fear came knocking at the door, Faith answered: NO ONE WAS THERE.

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